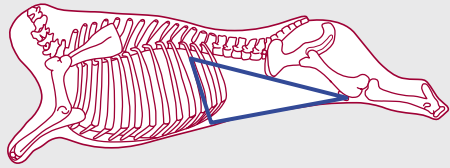


# Thin Flank 70%VL

Code:

Thin Flank B014



1. Position of the Thin Flank

2. 3 rib bone thin flank. Internal view.

3. Remove the inside skirt.

4. Remove the goose skirt.



5. Remove the bavette (flank skirt).

6. Remove the intercostal muscles.

7. Trim remainder of excess fat to achieve a 70%VL.

